TOTAL LIFE CHANGES®

Presents

U L.E.A.R.N

Leadership, Earning, Attraction, Retention, & Networking

Daily Schedule

1. Morning Ritual (30 minutes)

- **Personal Reflection and Meditation: 10 minutes**

- **Checklist: Reviewing the Day's Plan & Setting Intentions: 10 minutes**

- **Quick Physical Activity (Stretching, Jumping Jacks, etc.): 10 minutes**

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Daily Schedule

2. Learning & Personal Development (30 minutes)

- Reading industry-related articles or books.

- Listening to motivational or instructional podcasts tailored to network marketing.
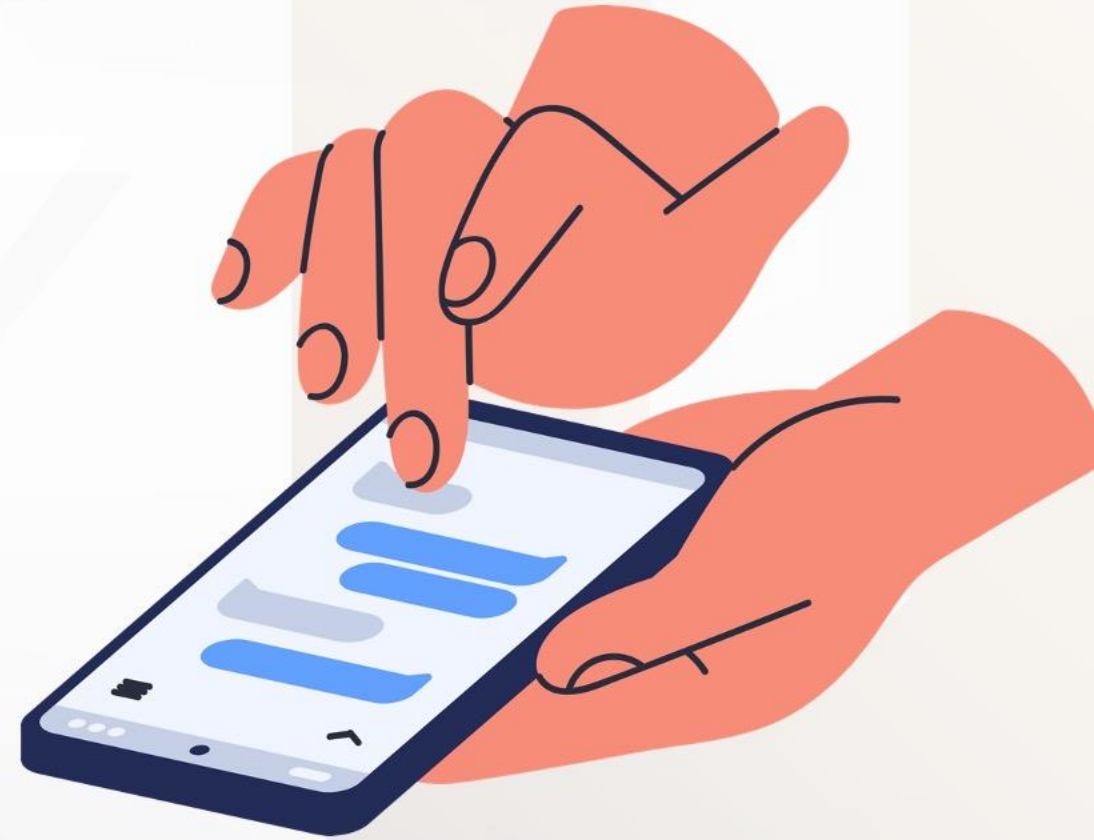
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Daily Schedule

3. Prospecting & Acquiring New Customers (45 minutes)

Create a list of potential leads: 15 minutes

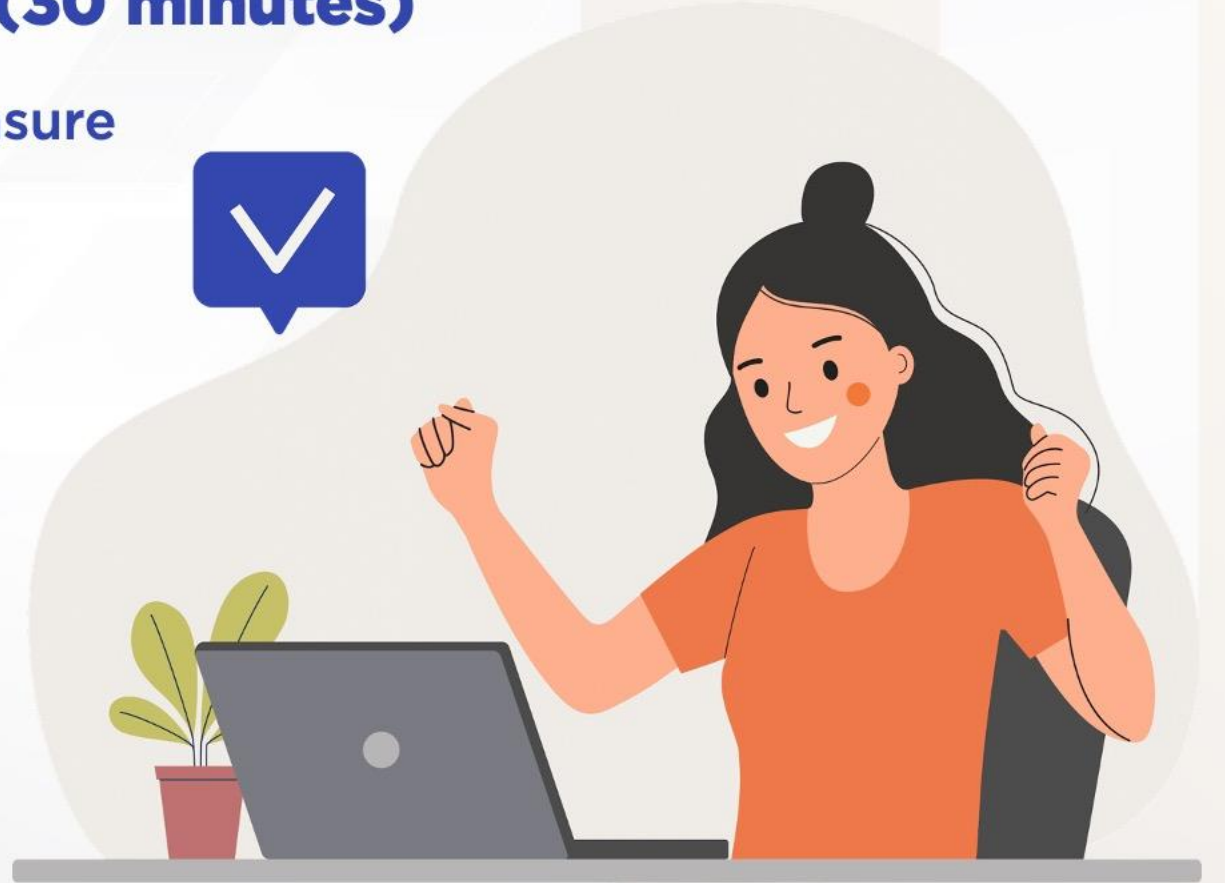Reach out to leads via phone, email, or
social media: 30 minutes

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Daily Schedule

4. Customer Support & Retention (30 minutes)

Follow up with recent customers to ensure satisfaction: 15 minutes

Address any questions or concerns customers might have: 15 minutes

Daily Schedule

5. Team Building & Collaboration (30 minutes)

Check-in with existing team members:
15 minutes

Explain the partnership opportunity to
interested customers: 15 minutes

Weekly Schedule

Monday to Wednesday:

Focus heavily on prospecting and customer acquisition. This means utilizing the 45 minutes effectively to contact new potential customers.

Thursday & Friday:

Shift the focus slightly towards customer support and retention. Apart from the regular schedule, try to allocate an additional 15 minutes (taken from the learning & personal development time) to connect deeper with your customers.

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Weekly Schedule

Saturday:

Dedicate this day more for team-building and potential team member onboarding. You can move around the 30 minutes from customer acquisition to spend 60 minutes on team building on this day.

Sunday:

This day should be lighter in terms of outreach. Dedicate it to planning for the upcoming week, self-reflection, and additional personal development.
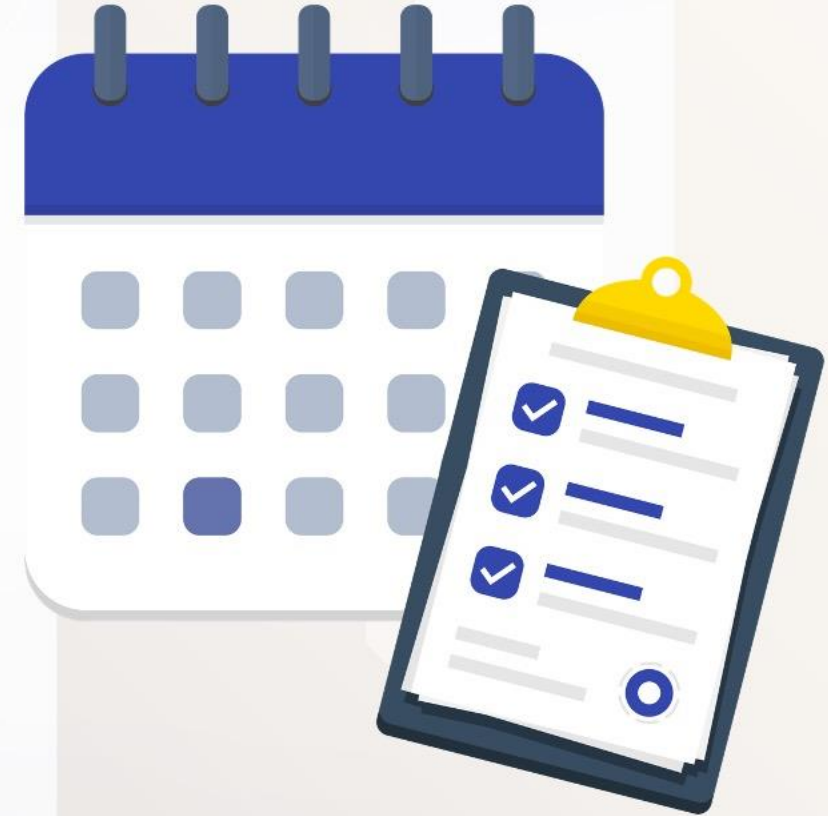
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Weekly Schedule

Monthly Review (Last Sunday of every month):

- Review your successes and areas of improvement.

- Analyze which strategies are working and which aren't.

- Plan for the upcoming month's goals.

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